



LOYOLA COLLEGE (AUTONOMOUS) CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – COUNSELLING PSYCHOLOGY

SECOND SEMESTER – APRIL 2025

PCP 2502 – COUNSELLING SKILLS - I



Date: 26-04-2025

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

PART – A

Q. No Answer any FOUR questions (not exceeding 200 words)

(4 x 5 = 20 Marks)

- 1 Discuss the skills of confrontation in Counselling.
- 2 Brief on changing interpersonal behaviour within the group.
- 3 List out the types of self-disclosure.
- 4 Brief on the 3 needs of Human Relations.
- 5 How would you express accurate empathetic understanding to a client?

PART – B

Answer any FOUR questions (not exceeding 500 words)

(4 x 10 = 40 Marks)

- 6 Elucidate the process of self-challenging in Counselling.
- 7 Give an evaluative report on group specific skills of a Counsellor.
- 8 Script on the skills of empathy in Counselling.
- 9 Deliberate on specific exercises in the expression of feelings and emotions in a client.
- 10 Elaborate the Human Relations Training Model in Counselling.

PART – C

Answer any TWO questions (not exceeding 1000 words)

(2 x 20 = 40 Marks)

- 11 Explicate on the skills of Counselling.
- 12 Elucidate how you handle resistant or client with flight behaviour.
- 13 Script on how you can help a client who has feelings that are difficult to face.
